

ST. TIMOTHY'S LUTHERAN  
CHURCH  
211 JEFFERSON ST. NE  
ALBUQUERQUE, NM 87108  
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# The Crosslight

MONTHLY NEWSLETTER ST. TIMOTHY'S LUTHERAN CHURCH

OCTOBER 2017

## Now's the time...

*Pastor Rachael*

Ready for a faith adventure?

**You are invited** to dig into the Word of God, **Genesis to Revelation**, with the community of St. Timothy's!

If you've never tried to read the whole bible or it's been a while, now's the time! We'll begin *The Great Courses study*, a 36-week overview at 11:00 a.m. Sunday mornings after worship we'll start with a video presentation / guidance from Dr. Craig Koester. Koester is a Lutheran theologian, pastor, and seminary professor who will introduce us to the very basics of each section of the Bible. We'll follow up Koester's comments with our own discussion. A week-by-week reading guide is available on the St Tim's website.

**How will the Spirit move in your life, challenge you, call you, and empower you on your adventure through the bible?** Start searching now for **the bible translation** you'd like to experience for the next year. As always, all are welcome!



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PLEASE CHECK US  
OUT ON FACEBOOK

[HTTPS://WWW.FACEBOOK.COM/STTIMSCHURCH](https://www.facebook.com/StTimsChurch)



# Dates to Remember



**Theology on Tap:**  
**October 11<sup>th</sup>, 6:00 p.m. @**  
**Monk's Corner,**  
**205 Silver Avenue SW**

TOT is a gathering of people who like to eat and discuss spirituality in our lives. Order your food and drink and prepare to talk! Come join us! Check out our Facebook page the Monday prior to the event for a teaser concerning the discussion topic. See Anthony Harkness if you have any questions.

**Congregation Meeting:**  
**October 1<sup>st</sup>, 11:00 a.m. @ St. Tim's**

**Lutherhaven Available:**  
**Reserved for Oct. 2<sup>nd</sup> - 4<sup>th</sup>; Contact Bob / Judy Jacobson 765-146**

**2017 Advocacy Day:**  
**October 14<sup>th</sup>, 8:30 a.m. – 1 p.m. @ St. Luke Lutheran Church** RSVP by 10/9 to [ruth@lutheranadvocacynm.org](mailto:ruth@lutheranadvocacynm.org)

**Fall Prayer Retreat:**  
**October 28<sup>th</sup>, from 9:00 a.m. – 2:30 p.m. @ Norbertine**  
**Hermitage Retreat.** See Women's Ministry below for details.

## Church Events

**October**  
 October 1 – Congregational Meeting  
 October 2 – Silent Meditation  
 October 2 – Lutherhaven Available  
 October 3 – Life Program  
 October 3 – Mindful Families Class  
 October 4 – St. Tim's Sewing Group  
 October 5 – Choir Rehearsal  
 October 5 – Book Group: Revelation  
 October 8 – Stewardship Meeting  
 October 11 – Theology on Tap  
 October 14 – 2017 Lutheran Advocacy Conference  
 October 19 – The St. Olaf Orchestra  
 October 19 – Women's Ministries Tea & Lunch  
 October 20 – Movie Night  
 October 22 – Social Media Review  
 October 28 – Fall Prayer Retreat  
 October 29 – 500<sup>th</sup> Anniversary of the Reformation

## Worship Assistants

Task	October 1st	October 8th	October 15th	October 22nd	October 29th
Asst. Minister	Mona Sherrell	Beth Neer	Ken Sherrell	Wayne Aspholm	Kelly Donahue
Children's Time	Josh Hochstetler	Marcie Wilson	Sue Mather	Neal Mather	<i>Other Event</i>
Prayer Leader	Debby Morrell	Lawrence Morrell	Anthony Harkness	Matt Yde	Dennis Roberts
Lector	Nathan White Ron Henkel	Ansu Kuruvilla	<i>To be announced</i>	<i>To be announced</i>	<i>To be announced</i>
Comm. Assistants	Darra Kingsley Dan Rader	Kelly Donahue Ken Sherrell	Bob Jacobson Becky Lee	Ron Henkel Terri Christiansen	Debby Morrell Mona Sherrell
Altar Guild	Barbara Bernal Kimberly Gross	Barbara Bernal Kimberly Gross	Barbara Bernal Kimberly Gross	Barbara Bernal Kimberly Gross	Barbara Bernal Kimberly Gross
Comm. Bread	Marie Henkel	Marie Henkel	Marie Henkel	Marie Henkel	Marie Henkel
Ushers	Dan Rader Rob Evers Lee & Marcie Wilson	Gary Miller Roger Radloff Wilbur Jahn	Jackie Love Terri Christiansen Bob Jacobson	Donna Lisotto Gene Lisotto Larry Morrell	Dan Rader Rob Evers Lee & Marcie Wilson
Greeter	Ron Henkel	Ron Henkel	Ron Henkel	Ron Henkel	Ron Henkel
Pew Angel	Trudelle Bunn	Trudelle Bunn	Trudelle Bunn	Trudelle Bunn	Trudelle Bunn
Tellers	Rob Evers Faye Tucker	Mona Sherrell Robin Harmon	Terri Christiansen Scott Hardy	Michele Benton Rich Ciccarello	Rob Evers Rich Ciccerello

# 500<sup>th</sup> Anniversary of the Reformation – Potluck!

For the 500<sup>th</sup> Anniversary of the Reformation St. Tim's will be having potluck on Sunday, October 29<sup>th</sup> in the community Room @ 11:00 a.m. Main meal is provided. Please bring your favorite side dish or desert. There will be activities for kids. We look forward to seeing you there!

## Life Program Pastor Rachael

### LIFE Program Begins!

On Tuesday evening, September 19<sup>th</sup>, the congregation of St. Timothy's in partnership with St. Paul Lutheran Church and the Rio Grande Credit Union, welcomed our first cohort to the Liberty In Financial Education (LIFE) Program, THANKS BE TO GOD!

The cohort consists of six households, all referred to the program through Family Promise or Habitat for Humanity of Albuquerque. Thank you so much to the LIFE Task Force: Rob Evers, Lee Wilson, Ron Solimon, Wayne Aspholm, and Rich Cicerello for your creativity, persistence, and prayer! And thanks be to God for the opportunity to be a part of God's work in our city!

## Women's Ministries News Michele Benton

### Fall Prayer Retreat

**October 28, 2017 from 9:00 a.m. - 2:30 p.m.**

*Join us for an inspiring event at the Norbertine Hermitage Retreat  
5825 Coors Blvd, SW*

### **Joy in Disorientation – God is Faithful!**

Our leader for the day is Pastor Rachael Powell

### **All are welcome!**

❖ Price is \$12 - *Lunch included!*

Please make checks payable to St Timothy Lutheran Church with "Fall Prayer Retreat" on the memo line. Please RSVP to Michele Benton 239-5237.

- **Women's Ministry** - will not meet for Lunch / Bible study on October 19<sup>th</sup>. **Next meeting on Nov. 16<sup>th</sup>.**
- **St. Tim's Sewing Group** will meet on first Wednesday of the month, **October 4<sup>th</sup> at 10:00 a.m. – 12:00 p.m.**

# Classes @ St. Tim's – Stay Tuned!

## **Silent Meditation Returns:**

**Silent Meditation is weekly from 6 - 7 p.m. on Mondays @ St. Tim's.** Enter and exit the Sanctuary through east gate in silence. Please power off cell phones.



## **Mindful Families with Jose & Kim Maresma:**

**Mindful Family classes are Tuesdays 6:00 p.m. – 7:00 p.m.** Classes are non-religious, research-based mindfulness program that teaches teens ages 12 – 17 – and their adults – the skill of mindfulness. (**October 2017 class will be offered for younger children ages 6-11**) In this course, teens and their adults are taught how to help to grow the non-judgmental and non-reactive space of mindfulness, enabling new and wiser responses that can improve attention, learning, emotional regulation, empathy, and conflict resolution.

Each class consists of sharing experiences, introducing, practicing, and demonstrating (using games or activities), mindful meditation practice, discussion, and instruction on how to practice in the days until the next class. Adults and children work together in the classes, and participation from both – especially the child – is strongly encouraged. Participation includes sharing experiences and thoughts, as well as helping to start, lead, and end classes.

**According to studies by the Center for Mindfulness, the benefits of practicing mindfulness for children and adults include:**

- Better focus and concentration
- Increased sense of calm
- Decreased stress & anxiety
- Enhanced Health
- Improved Impulse control
- Increased self-awareness
- Skillful responses to difficult emotions
- Development of natural conflict resolution skills
- Increased empathy and understanding of others

Contact Jose for more information [josevo2max@gmail.com](mailto:josevo2max@gmail.com)

# St. Tim's Book Club

*Becky Lee*

## **Book Club!**

- 📖 Next book: Thirst by Mary Oliver
- 📖 Next meeting: Friday, December 1 @ 6:00 p.m.

More information to come...stay tuned!



# St. Tim's Book Study: Stay Tuned!



**It's not too late, join us on a journey through the book of Revelation!**

Lutheran scholar and Professor Craig Koester's book, "Revelation and the End of All Things" will be our guide.

**This new study is every Monday @ 10:00 a.m. and Thursday @ 6:00 p.m.**

Books are \$15.50 (scholarships available!). All are welcome.

# Church Choir

*Zack Kear*

## **Musicians and Singers!**

Do you play a musical instrument? Would you like to share your talents by playing a solo, duet, or something else at St. Tim's? Share your ideas with Zack if you are interested, [zack.kear@gmail.com](mailto:zack.kear@gmail.com)

Do you like to sing? All voice types are welcome to sing in the adult choir. **Rehearsals are Thursday evenings from 7:15 p.m. to 8:45 p.m.**

# Family Promise

Marie Henkel

## Family Promise of ABQ

**You can make a difference in the life of a child who has no home! Our next week to host up to four families here at St. Tim's will be November 5-12, 2017.** At the end of October, I'll be posting the signup sheets in the community room to help with a meal, spend the night on a comfy folding bed in the Sunday school room, or bring supplies. This program supports families with children while they work with professional staff to overcome barriers and find sustainable housing. We participate along with 16 other faith congregations in Albuquerque to provide shelter, food and hospitality to these families.

For more information about this program, check out the Family Promise website, [familypromiseabq.org](http://familypromiseabq.org), or contact Marie, [mlhenkel@gmail.com](mailto:mlhenkel@gmail.com).

# God's Work. Our Hands.

Anthony Harkness

## Stewardship Update

**We have collected during this quarter for the St Tim's Raise the Roof project: \$17,319!**

**We have also participated with the ELCA Disaster/Hurricane Relief and have raised: \$1,555!**

Some funds were collected to sponsor a lunch at Habitat but the direction of concern became Hurricane relief. If you donated money for the Habitat lunch it will be donated to Habitat as a general donation.

- ❖ Our Fourth Quarter appeal will be ELCA Good Gifts which provides support to communities in the US and in other areas of the world that are suffering from hunger or lack of fresh water. Special thank you to the ELCA for sending Gabe Brannan to present the ELCA Good Gifts Program to our community.
- ❖ Women's Ministry will be collecting coats, baby food, and diapers for the Storehouse. Coats may be donated to another agency. Donation box for baby food, diapers size 4 and pull ups is located in St. Tim's Narthex room.
- ❖ Meeting with the Storehouse again on 10/22 @ 11:00 a.m. to discuss how we at St Tim's can further assist and how we can help get other churches involved in developing relationships with the Storehouse.
- ❖ Next Stewardship meeting will be held on Oct 8th at 11ish.

Thank you for your overwhelming kindness. All for now...If you have questions please feel free to contact Anthony Harkness, [anthonyharkness65@gmail.com](mailto:anthonyharkness65@gmail.com)

He is typically standing around the coffee pot and always wearing shorts.

# Social Media Review

Sara Love

## St. Tim's Social Media Guidelines Review

Sunday, October 22nd, 11AM-12PM - room location TBD



Do you love sharing information with others? Have a passion for Facebook? Does your heart "Twitter-pate" with every tweet you make? Are you interested in learning how social media influences ministry at St. Tim's? If you said yes to any of those questions, this meeting is for you - please join us!!

The team of people working in social media at St. Tim's is taking the next step and getting together to work on Social Media Guidelines for St. Tim's. We have the building blocks by the Rocky Mountain Synod and the national ELCA - all we will need to do is tailor them to the needs of St. Tim's.

Questions? Please contact Sara, [saralove.lobo@gmail.com](mailto:saralove.lobo@gmail.com)"

# Facility Report

Michele Benton

## Facility Update

We currently have contractors preparing bids for roofing improvements. We are seeking bids to replace the roof on 2 areas; Timothy / Joy / Library and Martha with the North hallways. We also have bids to insulate and seal the North Sanctuary beam.

These are other projects we are working on:

1. Volunteers are removing the swamp cooler and associated ducting from the roof above the Narthex.
2. Remove corrugated Transite (asbestos cement) panels and install new awning for better rain deflection from the stairwell and window wells on the west edge of the building.
3. **Bike racks are installed! We have enough for 2 indoor bikes and 8 in courtyard!**
4. Inspectors came to St Tim's on Monday, September 25 to meet with LFS to provide a report and feedback on updates we need in our kitchen to make it compliant for commercial use. LFS is paying for a commercial refrigerator along with a few other improvements. Look for changes to occur within 90 days. LFS will begin teaching a culinary program at St Tim's soon!

We appreciate any feedback and welcome all questions regarding these projects. We appreciate all the donations we received! To date, we received \$2,000 prior to our current stewardship campaign, "Raise the Roof," and as of 9/25/2017 we have received \$17,319 specifically for the roof!

# Council Corner

Sara Love

**Welcome back to Council Corner!** Your Council met on September 17<sup>th</sup> and after pizza, fellowship, and prayer – we began the work you gracefully empower us to do every month.

**October 1<sup>st</sup> Congregation Meeting** – October 1<sup>st</sup> meeting will include topics of: L.I.F.E. Update, Facility/Roof Update, Constitution Review

*Dates set for future congregation meetings: October 1<sup>st</sup> / November 19<sup>th</sup> / January 28<sup>th</sup> (2018)*

**The L.I.F.E. Program also had an update** – The first financial education class series will begin on the evening of September 19<sup>th</sup>. Now the program will be filled on a referral process from multiple community non-profit partners. The first class series is made up of referrals from Family Promise of Albuquerque. Pastor Rachael will also have a handout available the October 1, 2017 special congregation meeting to inform the congregation on changes to the L.I.F.E. Program.

*Your Council was updated on other issues such as:*

- Area ministry delegation update: September 30<sup>th</sup>, Northern New Mexico Conference of Churches;

*Your Council voted on:*

- Authorization for \$1,000 to be spent on the Reformation 500 Year Celebration;
- Your Council made its first annual review of the membership list and accepted the list with deletions and corrections;

It is our pleasure to serve you – please find minutes and supporting documents from any Council meeting in the Narthex – and please consider joining us in October 15<sup>th</sup>!

## More from Council Corner

Robert Evers

Members of the Congregation:

**The Constitution Revision Committee** has been drafting a new constitution for St. Timothy's (committee members are Robert Evers, Bob Jacobson and Mary Beth Tidwell). **The new draft constitution** is based on the 2016 Model Constitution for Congregations which was developed by the ELCA. The new draft constitution was presented to the Congregation Council at the regular Council Meeting on August 20<sup>th</sup> and continued at a special meeting of the Council on August 27<sup>th</sup>. The Council made some changes to the draft and then passed a resolution on an 8-0 vote recommending that the congregation adopt the new constitution and the associated by laws and continuing resolutions contained in the body of the document.

The new constitution, by laws and continuing resolutions will be presented to the congregation for an adoption vote at the November 19<sup>th</sup> Congregation Meeting. There will also be a second ratification vote at the January 28, 2018 Congregation Meeting.

You will find copies of the new draft constitution and our current constitution on St. Timothy's website [sttimschurch.net](http://sttimschurch.net).

**On Sunday, October 8<sup>th</sup> and October 15<sup>th</sup> after fellowship the constitution revision committee will be available to answer questions about the new draft constitution. If you have questions, comments or concerns please email them to [revers1954@gmail.com](mailto:revers1954@gmail.com).**



# Pastoral Review

Wayne Aspholm, Debby Morrell, Mona Sherrell

October 1, 2017

To: St. Tim's Community

The Personnel Team would like to get feedback from the community to share with Pastor Rachael to help her reflect on her work over the past year. The following questions address the goals that Pastor set for herself last year with the Personnel Team. Please respond thoughtfully and prayerfully to help us grow together in our ministry. In the spirit of the St. Tim's Community Covenant and of open communication, we ask that you include your name with your feedback.

If anyone would like to provide input verbally, we would be happy to arrange for an individual meeting with anyone who requests it. Please indicate that on the form and one of us will contact you.

\*\*\*\*\*

Has Pr. Rachael exhibited leadership in helping the congregation discern St. Tim's relationship and ministry with our homeless brothers and sisters?

Has Pr. Rachael encouraged you and the congregation to focus on prayer?

Has Pr. Rachael been a leader in welcoming newcomers to St. Tim's?

Would you like to learn more about Pr. Rachael's Doctor of Ministry work? If so, what format most interests you:

\_\_\_\_\_ An adult education offering

\_\_\_\_\_ An evening presentation

\_\_\_\_\_ A written update in the Crosslight

\_\_\_\_\_ Other (please specify): \_\_\_\_\_

Additional comments:

Name: \_\_\_\_\_



**Reconciling in  
Christ Congregation of  
the ELCA**

If you prefer to receive your Crosslight via email,  
please contact Barbara Parissi: [office@sttimschurch.net](mailto:office@sttimschurch.net)

## Save the Date!

**The St. Olaf Orchestra, conducted by Steven Amundson, is coming to Albuquerque!** Please save the date for Thursday, October 19, 7 p.m. at La Cueva High School, 7801 Wilshire Ave NE. The cost is \$10 Adults / Free for Students. **St. Tim's own Naomi Brandt will be participating in this concert!**

## October Movie Night

**The October movie night movie: \*Here I Stand--The Life and Legacy of Martin Luther\*, Friday October 20th at 6:00 p.m. in Fellowship Hall of St. Paul.** Come join us for an educational and relational event focused on the 500th Anniversary of the Reformation. We will share a potluck dinner starting at 6:00 p.m. and the movie will start around 6:30 p.m. Discussion to follow. Hope to see everyone there!



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